



YI CHAMPIONS TAEKWONDO ACADEMY CLASS SCHEDULE

Woodbridge Location

(Effective as of August 24, 2026)

Time	Monday Forms/Kicking	Tuesday Sparring/Steps	Wednesday O.S.S.D/Breaking	Thursday Forms/Breaking	Friday All Practice	Saturday Review
03:00 pm 06:30 pm						Saturday Make-up Group Class or Private Lesson 
4:00 - 4:45pm	After School Program Daily Taekwondo Class					10 - 11am *We don't offer make-up class every Saturday* 11:15am-12:00pm Make up Exam/Event/or Private lesson
04:50 pm 05:40 pm	Children White to Purple (7yrs – 12yrs) 	Peewee (4-6 yrs old) 	Children Orange to Bo Dan (7yrs-12yrs) 	Peewee (4-6 yrs old) 	Family Class All Ages & All Belts  5:00-5:50pm	11:15am-12:00pm Make up Exam/Event/or Private lesson
05:45 pm 06:35 pm	Children Blue to Bo Dan (7yrs-12yrs) 	All Color Belt Group White to Bo Dan Belt -Sparring Class- 	White & Yellow Belt All Ages 	Teen & Adult Class 	All Color Belt Group White to Bo Dan Belt -Sparring Class-  5:55-6:45pm	<u>1:30 -3:30 pm</u> Birthday Party 
06:40 pm 07:30 pm	Family class All Ages & All Belts 	Bo Dan & Black Belt Class All Ages -Sparring Class- 6:40 pm-8:00pm Bring your Sparring Equipment	Black Belt Class -Regular Class- (All Black Belt only) 6:40 pm-8:00pm	Family Class All Ages & All Belts 		
07:35 pm 08:25 pm	3rd Dan & Higher Black Belt (Master Club) 					

- Be well mannered and behave properly. BY APPOINTMENT: Private Lessons / Birthday Parties.
- Arrive 5 minutes early for class!
- No classes when YCTA holds Belt promotion exam; on major holidays, when schools are closed due to weather.
- Sparring class only on Tuesday & Thursday: Please bring your sparring equipment (Orange belt & higher Group)
- All students must be attending current rank level class. Students may not participate in classes other than their level.