



# YI CHAMPIONS TAEKWONDO ACADEMY CLASS SCHEDULE

Woodbridge Location

(Effective as of August 18, 2025)

Time	Monday	Tuesday All ages(7&up)	Wednesday	Thursday All ages(7&up)	Friday	Saturday All ages(7&up)
	Forms/Kicking	Sparring/Steps	O.S.S.D/Breaking	Forms/Breaking	All Practice	Review
03:00 pm   06:30 pm	 <b>After School Program</b>					<b>Saturday</b> Make-up Group Class or Private Lesson  10 - 11am *We don't offer the make-up class every Saturday*
4:10 - 4:50pm	<b>After School Program Daily Taekwondo Class</b>					
04:50 pm   05:40 pm	<b>Children</b> White to Purple (7yrs – 12yrs) 	<b>Peewee</b> (3-6 yrs old) 	<b>Children</b> Orange to Bo Dan (7yrs-12yrs) 	<b>Peewee</b> (3-6 yrs old) & <b>White- Yellow Belt</b> 	<b>Family Class/            Make up Class</b>  <b>All Ages &amp; All Belts</b>  <b>5:00-5:50pm</b>	<b>11:15am-12:00pm</b> Make up Exam/Event/or Prive lesson
05:45 pm   06:35 pm	<b>Children</b> Blue to Bo Dan (7yrs-12yrs) 	<b>Color Belt &amp;            Black Belts</b> (7yrs old & Up)  <b>-Sparring Class-</b>	<b>Teen &amp; Adult Class</b> White & Yellow Belt 	<b>Color Belt &amp;            Black Belts</b> (7yrs old & Up)  <b>-Sparring Class-</b>	YCTA Demonstration Team Training  <b>6:00-7:15pm</b>	<b>Korean Class</b> 10:00 am – 12:00 pm 
06:40 pm   07:30 pm	<b>Family class</b>  <b>All Ages &amp; All Belts</b>	<b>Black Belt Class</b> <b>-Sparring Class-</b> (1 <sup>st</sup> Dan and Higher Dan) <b>6:40 pm-8:10pm</b> Bring your Sparring Equipment	<b>Black Belt Class</b> <b>-Regular Class-</b> (All Black Belt only)  <b>6:40 pm-8:10pm</b>	<b>Family Class</b>  <b>All Ages &amp; All Belts</b>		<b>1:30 -3:30 pm</b>  Birthday Party I  
07:35 pm   08:35 pm	<b>3<sup>rd</sup> Dan &amp; Higher            Black Belt</b> <b>(Master Club)</b> 					

- Be well mannered and behave properly. BY APPOINTMENT: Private Lessons / Birthday Parties.
- Arrive 5 minutes early for class!
- No classes when YCTA holds Belt promotion exam; on major holidays, when schools are closed due to weather.
- Sparring class only on Tuesday & Thursday: Please bring your sparring equipment (Orange belt & higher Group)
- All students must be attending current rank level class. Students may not participate in classes other than their level.